



Masterclass Metacognitive Therapy, Stockholm 2021

We invite you to participate in MCT Masterclass in Stockholm Sweden 2020. MCT masterclass is a training program for therapists arranged by the Metacognitive Therapy^(R)Institute in Manchester/Trondheim in collaboration with the Swedish branch of MCT Institute.

MCT Master-class aims to provide state-of-the-art training for clinicians to develop a high level of competency in MCT. In completing MCT masterclass you will be licensed as a **MCT-Institute® registered therapist**. This is a protected title showing that you have the certified training in MCT by MCT Institute® Ltd.

Dr. Adrian Wells and Dr. Hans M Nordahl are responsible for the program. In addition, some of our colleagues in Sweden and Norway will be assisting in the supervision and management of the training. All supervisors have been trained in MCT and work as experienced clinicians and supervisors.

The training will run in 2021-2022 and consists of 8 workshops with log-supervision. All workshops will be held in the city centre of Stockholm. The supervision process will be aided by a supervision logs and implemented via email. The dates for 2021 and 2022 are as follows:

Block 1:	MCT: Theory and treatment	Wells/Nordahl	Stockholm	24-25 February -21
Block 2:	MCT of GAD	Wells/Nordahl	Stockholm	26-27 May -21
Block 3:	MCT of Social phobia and APD	Wells/Nordahl	Stockholm	30-31 August -21
Block 4:	MCT of PTSD and trauma	Wells/Nordahl	Stockholm	15-16 November-21
Block 5:	MCT of OCD	PapaGeorgiou	Stockholm	28 Febr- 1 March-22
Block 6:	MCT of Chronic depression	Wells/Nordahl	Stockholm	30-31 May -22
Block 7:	MCT of Borderline spectrum Dis	Nordahl/Wells	Stockholm	5-6 September -22
Block 8:	MCT for psychotic distress	Wells/Nordahl	Stockholm	21-22 November -22*

Note* Date can be subject to change

Terms & conditions

Attendance and Assessments: All participants must attend at least 6 workshops in order to get the participation of the course accepted. In addition, every participant must submit a video tape of an MCT session at the mid-point of training for feedback and evaluation. The evaluation is undertaken by your buddy (study partner) on the basis of MCT competency rating scale. It is a course requirement that participants submit a minimum of 10 completed supervision logs that have been implemented by email during the 2 years training before they can have the course accepted.

Level 1 diploma: Two levels of acceptance are available as exit awards from the programme. For those who do not complete the minimum required supervision but otherwise meet course requirements a 'certificate of attendance' is awarded. The full award is a 'level 1 diploma.' The level 1 diploma leads to eligibility for MCT-I registration and the benefit of being MCT-I recommended as a basic level MCT practitioner.

Fee: The fee for participation is (4.950 GBP) for the whole program. The fee should be paid by bank transfer - and can be paid in SEK. The fee includes the workshops, log-supervision, equipment, handouts and materials provided at the venue. The fee can be paid in two or four instalments. Expenses such as travel, accommodation and dinner must be covered by the participants.

Ethical conduct: All participants are required to pay close attention to the ethical codes of conduct during their training. Knowledge shared about patients and other therapists during training must be treated responsibly and with due care and consideration. Patient-related material is confidential and must not be communicated to other people. Any violation of this requirement will lead to the termination of the candidate's training within the MCT Masterclass.

Language

The MCT Masterclass is an international training program so the official language for the teaching is English. The log-supervision can be in your own language (Swedish or English).

How and when to apply

For more information about the program, please contact: Peter Myhr (petermyhr@me.com).

To apply you can enclose your CV (max 3 pages) with description of your clinical experience and contact address.

The application should be addressed by e-mail Gøran Parment (email: goran@parment.nu).

Deadline for your application should be received by 1. January 2021