



MCT Masterclass 2023 - 2024 Copenhagen

Welcome to the MCT Master-class training program 2023-24. MCT Master-class aims to provide state of the art training for clinicians or specialists to develop a high level of competency in MCT.

This training program is arranged by the Metacognitive Therapy Institute in Manchester/Trondheim and we welcome applicants from whole Europe to this program.

Dr. Adrian Wells and Dr. Hans M Nordahl are responsible for the program. In addition, our affiliates of MCT-I in the UK, Germany and Scandinavia also provide supervision and management of training. The supervisors are experienced therapists and have been trained in MCT and work as clinicians and supervisors in health and academic settings.

The training will run in 2023 and 2024 and will be held in Copenhagen, Denmark. There will be individual supervision of cases on a regular basis with our nominated supervisors, who are experts in MCT. The supervision process is aided by a supervision log implemented via email.

Workshops will be held four times a year. You will learn how to apply MCT to a variety of specific disorders such as; anxiety disorders, chronic depression, personality disorders and psychotic symptoms. The schedule for the workshops are the following (specific dates tbc):

<i>Block</i>	<i>Content</i>	<i>Coaches</i>	<i>Venue</i>	<i>Dates</i>
Block 1:	MCT: Theory and treatment	Wells/Nordahl	Copenhagen	March 2023
Block 2:	MCT of GAD	Wells/Nordahl	Copenhagen	June 2023
Block 3	MCT of Social phobia and APD	Wells/Nordahl	Copenhagen	September 2023
Block 4:	MCT of PTSD and traumatic stress	Wells/Nordahl	Copenhagen	November 2023
Block 5:	MCT of OCD	Wells/Nordahl	Copenhagen	March 2024
Block 6:	MCT of Chronic depression	Wells/Nordahl	Copenhagen	June 2024
Block 7:	MCT of Borderline personality Dis	Nordahl/Wells	Copenhagen	September 2024
Block 8:	MCT of Psychosis	Wells/Nordahl	Copenhagen	November 2024

Terms & conditions

Attendance and Assessments: All participants must attend at least 6 workshops in order to get the course accepted. In addition, every participant must submit a video tape of an MCT session at the mid-point of training for feedback and evaluation. The evaluation is undertaken by your buddy on the basis of a competency rating scale. Participants are also expected to attend the group supervision sessions with the expert supervisor that are held at the training workshops. It is a course requirement that participants submit a minimum of 10 completed supervision logs that have been implemented by email before they can have the course accepted.

Two levels of acceptance are available as exit awards from the programme. For those who do not complete the minimum required supervision but otherwise meet course requirements a 'certificate of attendance' is awarded. The full award is a 'level 1 diploma.' The level 1 diploma leads to eligibility for MCT-I registration and the benefit of being MCT-I recommended as a basic level MCT practitioner (MCTI-registered Therapist™).

Fee: The fee for participation is (49.900 DKK) for the whole program. This includes the workshops, supervision, equipment, handouts and materials provided at the venue. The fee can be paid in two or four instalments. Expenses such as travel and accommodation must be covered by the participant. Any special dietary preferences regarding the lunches should be addressed to us before the commence of the training.

Ethical conduct: All participants are required to pay close attention to the ethical codes of conduct during their training. Knowledge shared about patients and other therapists during training must be treated responsibly and with due care and consideration. Patient-related material is confidential and must not be communicated to other people. Any violation of this requirement will lead to the termination of the candidate's training within the MCT Master-class.

Language

The MCT Masterclass is an international training program so the official language for the teaching and supervision is English.

Web address:

The best way to access literature lists, updates and test materials is through the Internet link: www.mct-institute.com

How and when to apply

To apply you can enclose your CV (max 3 pages) with description of your clinical experience and contact address. The application should be addressed by e-mail to dr. Hans M Nordahl (hmor-n@online.no)

Applications should be received by 1. February 2023

For more information contact Dr. Hans M Nordahl (hmor-n@online.no)